



Ten Ten RSE

Curriculum Content – Key Stage Overview

	Module One: Created and Loved by God	Module Two: Created to Love Others	Module Three: Created to Live in Community
Module Overview	<p>Created and Loved by God explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.</p> <p>In these sessions, we explore:</p>	<p>Created to Love Others explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this unit explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe.</p> <p>This religious understanding is then applied to real-world situations relevant to the age and stage of the children:</p>	<p>Created to Live in Community explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.</p> <p>In the first Unit, Religious Understanding, the story sessions help children to develop a concept of the Trinity.</p> <p>In subsequent sessions, we apply this religious understanding to real-world situations, such as the community we live in, and through exploring the work of charities which work for the Common Good.</p>
EYFS	<p>Our uniqueness in real terms, including celebrating difference and individual gifts, talents and abilities, looking after and using our bodies (including vocabulary around this topic); The necessity of when and how to say sorry in relationships; A basic exploration of Jesus's forgiveness and growing up as God's plan for us .</p>	<p>In the Unit 'Personal Relationships': Children will expand their vocabulary by applying names to different family/friend relationships; Consider positive/negative behaviour in relationships and learn to look to Jesus as their role model for a good friend. They will learn to resolve conflict and the importance of asking for forgiveness when necessary.</p> <p>In the Unit 'Keeping Safe': Children learn about practical ways to stay safe inside and out, including medicine safety and people who help us in emergencies.</p>	<p>Children are introduced in a very simple way the concept of the Trinity, where God is three-in-one and each part loves the others and loves us.</p> <p>Children will come to understand that as we are made in the image of God, we are designed to love God and love one another in our wider communities too.</p>

Key Stage 1	That we are uniquely made by a loving God, that we have differences and similarities (including physical differences between boys and girls), key information about staying physically healthy, understanding feelings and emotions, including strong feelings such as anger, and the cycle of life from birth to old age.	<p>In the Unit 'Personal Relationships', children are taught to identify the Special People in their lives who they love and can trust, how to cope with various social situations and dilemmas, and the importance of saying sorry and forgiveness within relationships.</p> <p>In the Unit 'Keeping Safe', we explore the risks of being online by incorporating the 'Smartie the Penguin' resources from Childnet, the difference between good and bad secrets, and teaching on physical boundaries (incorporating the PANTS resource from the NSPCC).</p>	<ul style="list-style-type: none"> • Children understand that God is love: Father, Son and Holy Spirit; • That being made in His image means being called to be loved and to love others; • Learn about the various communities they belong to: home, school, parish, the wider community, the nation and the global community; • Children will know that God calls us to live in community with one another.
Lower Key Stage 2	Understanding differences, respecting our bodies, strategies to support emotional wellbeing including practicing thankfulness, and the development of pupils understanding of life before birth.	<p>The sessions help children to develop a more complex appreciation of different family structures and there are activities and strategies to help them develop healthy relationships with family and friends. Here, they are also taught simplified Cognitive Behavioral Therapy (CBT) techniques for managing thoughts, feelings and actions.</p> <p>Once again, for the 'Keeping Safe' unit, there are some excellent NSPCC resources, as well as teaching on bullying and abuse through a series of animated stories.</p>	<ul style="list-style-type: none"> • Develop a deeper understanding that God is love as shown by the Trinity; • Understand that the human family reflects the Holy Trinity in mutual charity and generosity; • The Church family comprises of home, school and parish; • Catholic Social Teaching on what it means to work for the Common Good.
Upper Key Stage 2	Appreciation of physical and emotional differences, a more complex understanding of physical changes in girls and boys' bodies, puberty and changing bodies, body image, strong emotional feelings, the impact of the internet and social media on emotional well-being, a more nuanced and scientific understanding of life in the womb and how babies are made, and menstruation.	The sessions for UKS2 in the 'Personal Relationships' module aim to equip children with strategies for more complex experiences of relationships and conflict; this includes sessions that help children to identify and understand how to respond to spoken and unspoken pressure, the concept of consent and some practical demonstrations of this, and further teaching on how our thoughts and feelings have an impact on how we act.	<ul style="list-style-type: none"> • Know that God is Trinity – a communion of persons; • Know that the Church is the body of Christ; • Develop a deeper and richer understanding of Catholic social teaching; • Learn how certain charities reach out to the wider community with love.