

Long Term Planning



St Mary's Catholic Primary School and Nursery 2025/26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Dance - Nursery Rhymes	EYFS - FMS - Rosies Walk	EYFS - FMS - Transport	EYFS - FMS - Rumble in the jungle	Fantasy Fairy Tale	An encounter with Pirates
	An adventure with the Emergency Services	Dance - Toys	EYFS - FMS - Space	A Day on the Farm	EYFS - FMS - Castles	Dance - Circus
Reception	Dance - Nursery Rhymes	EYFS - FMS - Rosies Walk	EYFS - FMS - Transport	EYFS - FMS - Rumble in the jungle	Fantasy Fairy Tale	An encounter with Pirates
	An adventure with the Emergency Services	Dance - Toys	EYFS - FMS - Space	A Day on the Farm	EYFS - FMS - Castles	Dance - Circus
Year One	KS1 - Y1 - Gymnastics Activities Core Task 1	KS1 FMS and Gym - Jack and the Beanstalk	KS1 - Y1 - FMS Overarm Throw	KS1 - Y1 Dance - Fire Fire	KS1 - Y1 Athletics	KS1 - Y1 Dance – Three Little Pigs
	KS1 - Y1 - Baseline Unit - Lost and Found	KS1 - Y1 Dance - Robots	KS1 - Y1 - Gymnastics Activities Core Task 2	KS1 - Y1 Dance – Three Little Pigs	KS1 - Y1 - FMS Rolling a Ball	KS1 - FMS - Supertato
Year Two	KS1 - Y2 - Games - Striking and Fielding	KS1 - Y2 Dance - Moving Along	KS1 - Y2 FMS Bounce Ball	KS1 - Y2 Games - Piggy in the Middle (Core Task)	KS1 - Y2 Athletics	KS1 - Y2 - Games - Net and Wall
	KS1 - Y2 - Gymnastics	KS1 - Y2 - Games -	KS1 - Y1 - Gymnastics	KS1 - Y2 Games - Piggy in	KS1 - Y2 Athletics	KS1 - Y2 - Games - Net

Activities

Striking and Fielding

Activities Core Task 2

the Middle (Core Task)

K5 - 12 Athletics

and Wall

Year Three

Year 3/4 Health Related Fitness	Year 3/4 - Net and Wall Unit Core Task 1	Year 3 Gymnastics Core Task 1	Swimming - Phase 1	Year 3/4 Athletic	Year 3/4 Striking and Fielding - Rounders
Year 3/4 Striking and Fielding - Cricket	Year 3/4 Athletic	Year 3/4 Dance - Rock and Roll	Year 3/4 Invasion Games - Netball	Year 3/4 OAA - Team Work & Problem Solving	Year 3/4 - Net and Wall Unit Core Task 1

Year Four

Year 3/4 Striking and Fielding - Cricket	Year 3/4 Health Related Fitness	Year 3/4 Dance - Myths and Legends	Year 3/4 Invasion Games - On the Attack	Year 3/4 Athletics	Year 3/4 OAA - Trust and Trails
Year 4 Gymnastics Core Task 1	Year 3/4 - Net and Wall Unit Core Task 1	Year 3 Gymnastics Core Task 2	Year 3/4 - Net and Wall Unit Core Task 2	Year 3/4 Athletics	Year 3/4 Striking and Fielding - Rounders

Year Five

Year 5/6 Invasion Games - Hockey	Year 5/6 Net and Wall - Badminton	Year 5 Gymnastic Core Task 2	Year 5/6 Striking and Fielding - Cricket	Swimming - Phase 3	Swimming - Phase 4
Year 5 Gymnastic Core Task 1	Year 5/6 Athletics	Year 5/6 Dance - Heroes and Villains	Year 5/6 Invasion Games - Rugby 1	Year 5/6 Net and Wall - Tennis	Year 5/6 Orienteering

Year Six

Swimming - Phase 5	Year 5/6 Net and Wall - Badminton	Year 5/6 Dance - Heroes and Villains	Year 5/6 Net and Wall - Tennis	Year 6 Gymnastic Core Task 2	Year 5/6 OAA - Teamwork and Problem Solving 1
Year 5/6 Striking and Fielding - Cricket	Year 6 Gymnastic Core Task 1	Year 6 Gymnastic Core Task 1	Year 5/6 Athletics	Year 5/6 Athletics	Year 5/6 Striking and Fielding Games - Rounders